AMENDMENTS TO THE SPECIFICATION:

Please amend the specification as follows:

Table 2 on page 7 has been amended as indicated below:

Table 2.

		Cell cycles														
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
0			√				√					√			√	
1	√			√	√			√		√			$\sqrt{}$			7
2		√				√					√			√		
3									√							[[√]]

Paragraph starting at line 1 on page 10 has been amended as indicated below:

It will be appreciated that this will be repeated for subsequent choice ingress LICs until the control frame is as full as it can be. For example, if ingress LIC 0 is the third choice, Os will be added to the control frame to correspond to egress LICs 1- and 8 LICs 0 and 8. Ingress LIC 3 cannot add anything to the control frame as the two egress LICs to which it is to multicast are already taken by the first choice ingress LIC, that is, ingress LIC 1. Although ingress LIC 2 has a cell which can be transmitted to egress LIC 1, this cannot be added to the control frame as there is no multicast egress credit as will be described more fully below. A fully compiled control frame for the example shown in Figure 2 may comprise the following:-

|0||1|1|1|6|6||0|1|1||